

Welcome to rainbowsuits.

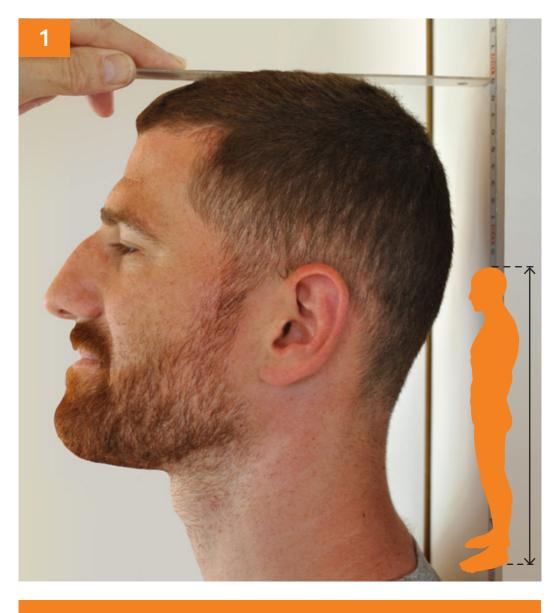
We always ask you to specify all measurements, the desired fit and gender.

The sizing of the fit by rainbowsuits is based on the combination variant, body height and weight. We are happy to take any special requirements into account, please note these for us.

The following preparations are advisable for smooth measuring:

- a helping person
- measuring sheet (download available on website)
- a pen
- a standard measuring tape in cm

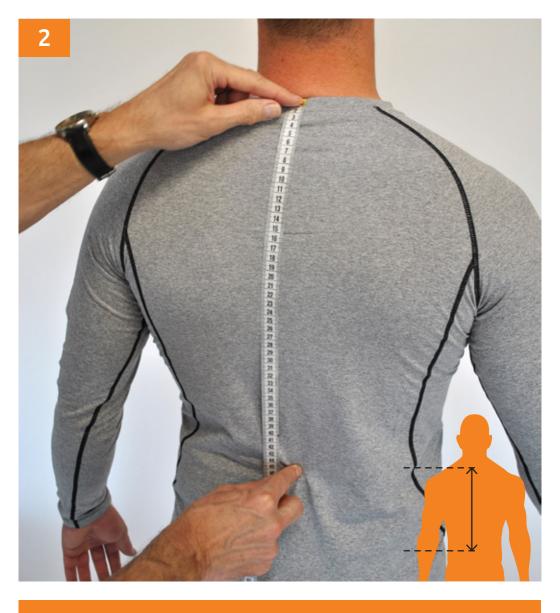
The person to be measured should wear clothing that is as tight as possible. Please remove shoes.



Body height

head to toe (without shoes)

distance between the highest point of the head and floor in an upright position



Back length seventh cervical vertebra to the waist

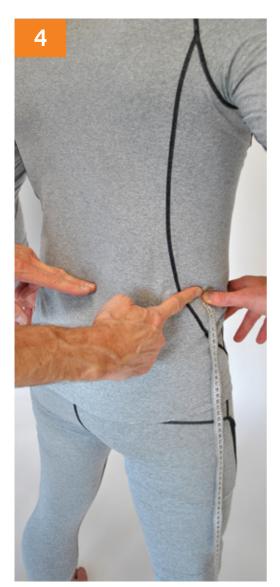
distance from the seventh cervical vertebra to the waist, measured along the spine





Hip depth lateral distance waist to hip

measured on the side of the body, distance between waist and hip





Outer leg length distance waist to floor (without shoes)

measured on the side of the body, straight line between waist to hip to the floor

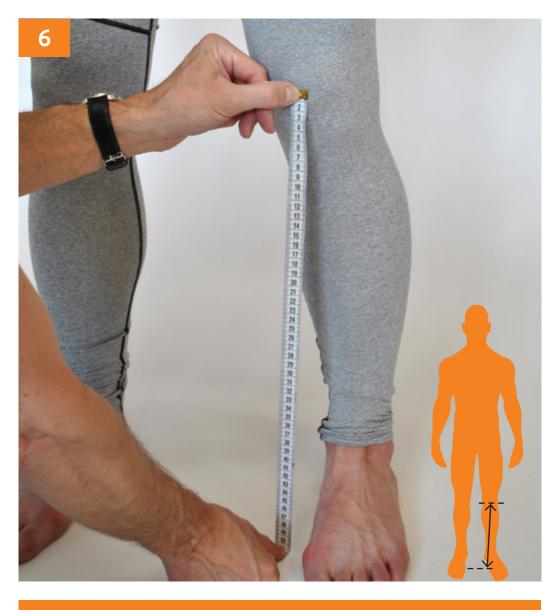




Knee length

distance waist to the middle of the kneecap

measured on the side of the body from the waist to the middel of the kneecap

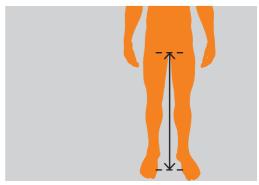


Knee to floor

distance from the middle of the kneecap to the floor (without shoes)

measured on the side of the body from center of kneecap to the floor









Inner leg length

distance inseam to the floor (without shoes)

vertical distance between the crotch and the floor



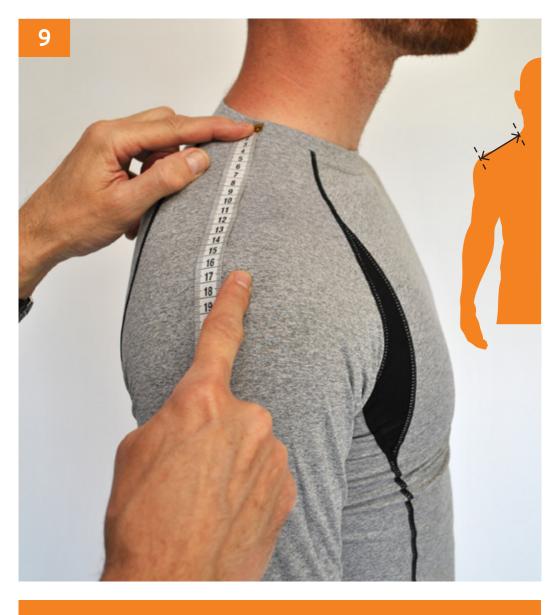




Arm length

spinal column to shoulder point to wrist

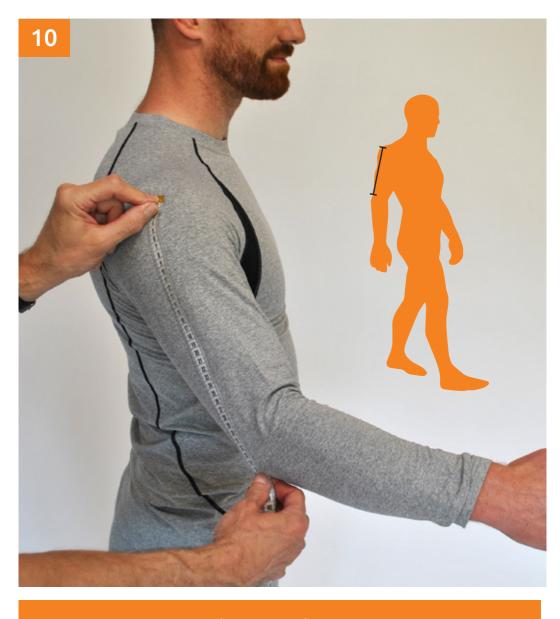
distance between spinal column above shoulder point up to the wrist in outstretched arm position



Shoulder length

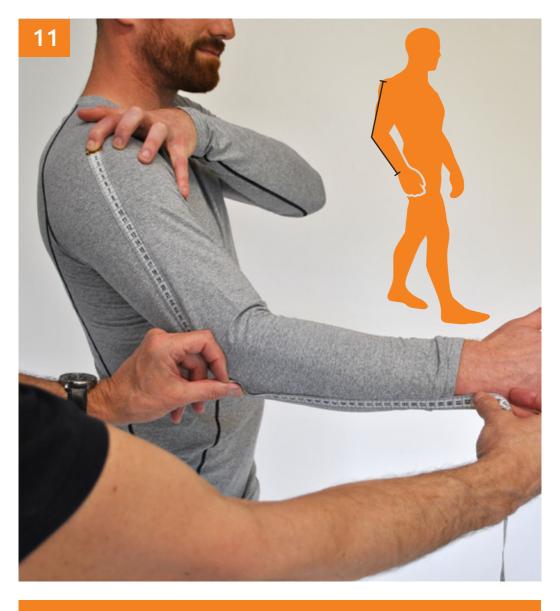
from the base of the neck to shoulder point

length from the neck to the shoulder point (acromion) with arms hanging down



Upper arm length distance shoulder point to elbow

distance between shoulder point and elbow with slightly bent arm



Outer arm length

shoulder point to elbow to wrist

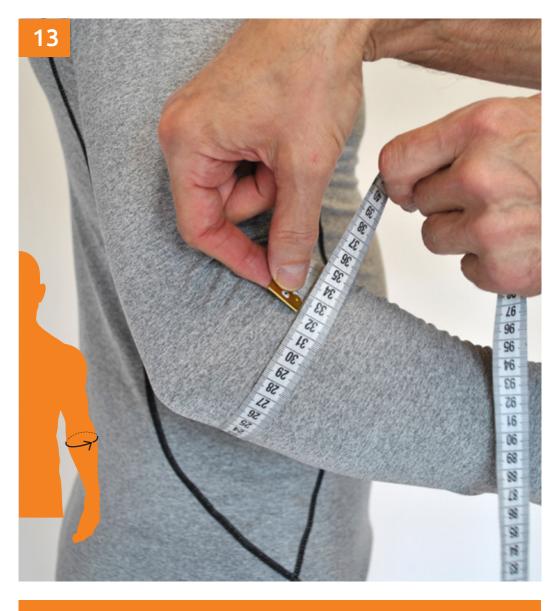
distance between shoulder point over elbow to wrist with slightly bent arm



Bicep

strongest point in upper arm area

maximum horizontal circumference in the upper arm area (strongest expression)



Forearm

strongest point in forearm area

maximum horizontal circumference in the forearm area (strongest expression)



Wrist

circumference around carpal bones

measured over the carpal bones



Neck

circumference of the neck

circumference at the base of the neck at the level of the seventh cervical vertebra



Chest

strongest point in the chest area

maximum horizontal circumference under the armpits on the highest expression of the breast



Waist

natural waistline

circumference on the natural waistline between the highest point of the hipbones and the lowest ribs

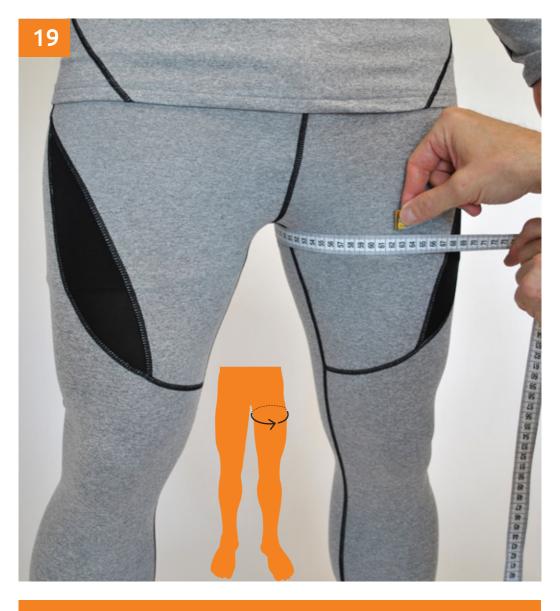




Hips

strongest point in the hip area

maximum horizontal circumference in the area of the hips at the strongest lateral or rear expression



Upper thigh strongest point in the thigh area

maximum horizontal circumference of the upper thigh



Calf

strongest point in the calf area

maximum horizontal circumference in the calf



Ankle

smallest circumference in the ankle area

minimum horizontal circumference of the leg above the ankle









Torso length neck to crotch to seventh cervical vertebra

length from the neck at the front through crotch up to the seventh cervical vertebra



Weight specification in kg

24



Shoe size

specification in Central European dimensions



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